

# 10 EARLY SIGNS & SYMPTOMS OF ALZHEIMER'S

## 1 Memory loss that disrupts daily life

One of the most common signs of Alzheimer's is forgetting recently learned information.

## 2 Challenges in planning or solving problems

Some people may experience changes in their ability to develop and follow a plan or work with numbers.

## 3 Difficulty completing familiar tasks at home, at work or at leisure

People with Alzheimer's often find it hard to complete daily tasks. They may have trouble driving to a familiar location, managing a budget at work or remembering the rules of a favorite game.



## 4 Confusion with time or place

People with Alzheimer's can lose track of dates, seasons and the passage of time.



## 5 Trouble understanding visual images & spatial relationships

For some people, having vision problems is a sign of Alzheimer's. They may have difficulty reading, judging distance and determining color or contrast.

## 6 New problems with words in speaking or writing

People with Alzheimer's may have trouble following or joining a conversation.

## 7 Misplacing things and losing the ability to retrace steps

A person with Alzheimer's may put things in unusual places. They may lose things and be unable to go back over their steps.



## 10 Changes in mood and personality

People with Alzheimer's may become confused, suspicious, depressed, fearful or anxious.

## 8 Decreased or poor judgment

People with Alzheimer's disease may experience some changes in judgment or decision making.

## 9 Withdrawal from work or social activities

A person with Alzheimer's may start to remove themselves from hobbies, social activities, work projects or sports.